CURRENT DISEASE MANAGEMENT OF IBD - BETWEEN GUIDELINES AND ART

October 30-31, 2026

Symposium 245

Online Live Event
DIGITAL

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PREFACE

Dear colleagues and friends,

It is with great enthusiasm and genuine pleasure that we welcome you to the Symposium 245: **“Current Disease Management of IBD – Between Guidelines and Art”**.

In shaping this meeting, our vision was clear: To shine a spotlight on the most essential and dynamic aspects of inflammatory bowel disease care today. To achieve this, each session follows a deliberately structured and engaging format. We begin with a case-based introduction to ground the topic in real-world clinical practice, followed by a concise review of the applicable guideline to anchor our discussion in evidence-based medicine. From there, we will delve into two key questions for each thematic area - questions chosen to challenge, to inspire, and to encourage us to think beyond established boundaries. Finally, every session culminates in a dedicated panel discussion, offering the opportunity for vibrant, in-depth exchange between experts and participants alike.

Our program spans a broad and stimulating range of topics: diagnostics, first-line treatment in Crohn’s disease, refractory IBD, extraintestinal manifestations, IBD monitoring, perianal disease, nutrition in Crohn’s disease, and malignancy in IBD. Each has been selected with the goal of sparking meaningful dialogue, bridging clinical guidelines with the nuances of individualized patient care, and ultimately advancing the quality of IBD management.

We are privileged to be joined by an outstanding international faculty whose expertise and perspectives guarantee insightful discussions and enriching debate. Beyond the science, this symposium also offers a wonderful opportunity to reconnect with colleagues, forge new collaborations, and strengthen our community dedicated to improving the lives of people with IBD.

We very much look forward to welcoming you in Brussels and to sharing an inspiring and productive meeting together.

Raja Atreya Geert D´Haens Britta Siegmund Bram Verstockt

CURRENT DISEASE MANAGEMENT OF IBD - BETWEEN GUIDELINES AND ART

October 30-31, 2026

Scientific Organization:
Raja N. Atreya, Erlangen (Germany)
Geert D´Haens, Amsterdam
(The Netherlands)
Britta Siegmund, Berlin (Germany)
Bram Verstockt, Leuven (Belgium)

Congress Venue:
Square Brussels Convention Center
Rue Ravensteinstraat 2
1000 Brussels
Belgium

FRIDAY, OCTOBER 30, 2026

9:00	Welcome

SESSION I

Evolving IBD diagnostics: From guideline to gut intelligence

Chairs	*James Lindsay, London; Joanna Torres, Lisbon*
09:10	Case-based introduction *Anna-Teresa D´Hooghe, Leuven*
09:20	Guidelines in focus: What's new in IBD diagnostics? *Torsten Kucharzik, Lüneburg*
09:35	Predictive tools: Combining biomarkers, imaging and risk models *Sophie Restellini, Geneva*
09:50	Beyond the scope: Capsule endoscopy and the next diagnostic frontier *Uri Kopylov, Tel Aviv*
10:05	Panel discussion *Anna-Teresa D´Hooghe, Leuven; Torsten Kucharzik, Lüneburg; Sophie Restellini, Geneva; Uri Kopylov, Tel Aviv*
10:30	**Coffee break with ePoster session**

SESSION II

Crohn's disease: First-line treatment

Chair	*Iris Dotan, Petah Tikva*
11:00	Case-based introduction *Lotte Oldenburg, Amsterdam*
11:10	Guidelines in focus: Current recommendations *Tim Raine, Cambridge*
11:20	First-line approach: Medical vs surgical strategies *Filip Baert, Roeselare*

11:35	First-line approach: Which drug first? *Nurulamin Noor, Cambridge*
11:50	Panel discussion *Lotte Oldenburg, Amsterdam; Tim Raine, Cambridge; Filip Baert, Roselare; Nurulamin Noor, Cambridge*
12:20	**Lunch break with ePoster session**

SESSION III

Refractory IBD: A therapeutic challenge

Chairs	*Raja Atreya, Erlangen; Mette Julsgaard, Aarhus*
13:45	Case-based introduction *Anne Strik, Amsterdam*
13:55	Guidelines in focus: Current recommendations *Tommaso Parigi, Milan*
14:05	Acute severe ulcerative colitis: Optimal management *Millie D. Long, Chapel Hill*
14:20	Refractory Crohn's disease: Current treatment options *James Lindsay, London*
14:35	Panel discussion *Anne Strik, Amsterdam; Tommaso Parigi, Milan; Millie Dr. Long, Chapel Hill; James Lindsay, London*
15:00	**Coffee break with ePoster session**

FRIDAY, OCTOBER 30, 2026

SESSION IV

Extra-intestinal manifestations in IBD: Challenges and risks

Chairs	*Millie D. Long, Chapel Hill; Torsten Kucharzik, Lüneburg*
15:30	Case-based introduction *Fotios Fousekis, Erlangen*
15:40	Guidelines in focus: Current recommendations *Triana Lobatón Ortega, Ghent*
15:50	Bridging gut and heart: Cardiovascular complications in IBD *Julien Kirchgesner, Paris*
16:05	Medical therapies for joint, skin and eye: How effective are they? *Joana Torres, Lisbon*
16:20	Panel discussion *Fotis Fousekis, Erlangen; Triana Lobatón Ortega, Ghent; Julien Krichgesner, Paris; Joana Torres, Lisbon*

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16:50	Presentation of the Research Project

17:05 **Closing remarks**

SATURDAY, OCTOBER 31, 2026

SESSION V

IBD monitoring 2.0: From guidelines to real-time care

Chairs	*Bram Verstockt, Leuven; Sophie Restellini, Geneva*
09:00	Case-based introduction *Elisabeth Eggermont, Leuven*
09:10	Guidelines in focus: What's new in IBD monitoring? *Henit Yanai, Petah Tikva*
09:25	When the phone rings: Managing the suspected flare *Mette Julsgaard, Aarhus*
09:40	Seeing without scoping: The rise of non-invasive and intelligent monitoring *Christian Maaser, Lüneburg*
09:55	Panel discussion *Elisabeth Eggermont, Leuven; Henit Yanai, Petah Tikva; Mette Julsgaard, Aarhus; Christian Maaser, Lüneburg*
10:20	**Coffee break with ePoster session**

SESSION VI

Perianal disease in IBD

Chairs	*Christian Maaser, Lüneburg; Britta Siegmund, Berlin*
10:50	Case-based introduction *Lea-Maxie Haag, Berlin*
11:00	Guidelines in focus: Current recommendations *Janindra Warusavitarne, London*
11:10	**Presentation of Poster Awards**
11:30	Comprehensive fistula management: Classification and approach *Shaij Sebastian, Hull*

SATURDAY, OCTOBER 31, 2026

11:45	Comprehensive fistula management: The surgeon's view *E. Joline de Groof, the Hague*
12:00	Panel discussion *Lea-Maxi Haag, Berlin; Janindra Warusavitarne, London; Shaij Sebastian, Hull; E- Joline de Groof, the Hague*
12:30	**Lunch break with ePoster session**

SESSION VII

Nutrition in Crohn's disease: Emerging therapeutic role

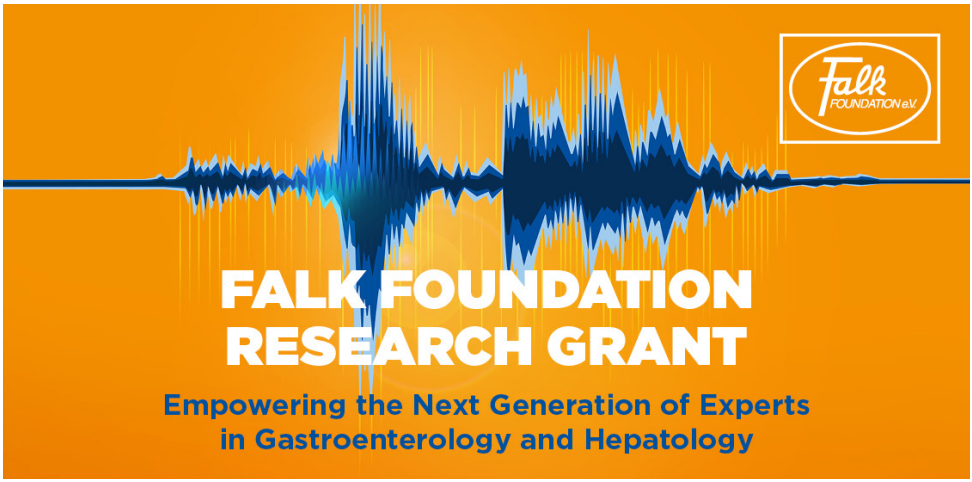
Chairs	*Iris Dotan, Petah Tikva; E. Joline de Groof, the Hague*
14:00	Case-based introduction *Lihi Godny, Petah Tikva*
14:10	Guidelines in focus: Current recommendations *João Sabino, Leuven*
14:20	Case-based discussion *Lihi Godny, Petah Tikva; João Sabino, Leuven.*
14:35	Panel discussion *Iris Dotan, Petah Tikva; E. Joline de Groof, the Hague; Lihi Godny, Petah Tikva; Joao Sabino, Leuven*
15:00	**Coffee break with ePoster session**

SESSION VIII

Malignancy in IBD

Chairs	*Torsten Kucharzik, Lüneburg; Britta Siegmund, Berlin*
15:30	Case-based introduction *Lulia Al-Hillawi, Oxford*
15:40	Guidelines in focus: Current recommendations *Hannah Gordon, Oxford*
15:50	Dysplasia in IBD: Detection and practical management *Marietta Iacucci, Cork*
16:05	IBD patients with prior malignancy: Practical management *Iris Dotan, Petah Tikva*
16:20	Panel discussion *Lulia Al-Hillawi, Oxford; Hannah Gordon, Oxford; Marietta Iacucci, Cork; Iris Dotan, Petah Tikva*
16:50	**Closing remarks**

FALK FOUNDATION RESEARCH GRANT



The international **Falk Foundation Research Grant** supports early-career scientists with an MD or PhD who are planning an innovative, translational two-year research project in gastroenterology or hepatology. The grant is awarded every two years.

Your benefits as a grant awardee:

- Receive funding of **EUR 50,000** for your awarded project
- Advance your research
- Gain recognition and visibility in the scientific community

Apply and become part of our vision: Improving patients' lives by advancing digestive and metabolic medicine!

The next application round will open at the end of 2027, with eligibility expanded to additional countries compared to the first call in 2026.

Details regarding application requirements and eligibility can be found here:

FALK FOUNDATION RESEARCH GRANT 2026

The international Falk Foundation Research Grant will be awarded for the 1st time by the Falk Foundation e.V. on the occasion of Symposium 245 in Brussels in October 2026. The Falk Foundation Research Grant supports innovative, translational research projects led by early-career scientists in the fields of gastroenterology and hepatology. In the first call for applications in 2026, applicants based in the following countries are included: Germany, Austria, Switzerland, Belgium, the Netherlands, Luxembourg, the United Kingdom, and Ireland. The grant provides EUR 50,000 in funding for the winning research project.

RESEARCH GRANT EVALUATION COMMITTEE:

The evaluation committee for the Falk Foundation Research Grant consists of members of the Falk Foundation Faculties – specialists in the fields of gastro-enterology and hepatology.

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REGISTRATION

You can register for the event via our homepage:
www.falkfoundation.org
Registration is only possible online.

You will receive an automatic confirmation of registration by e-mail.

CONGRESS FEES

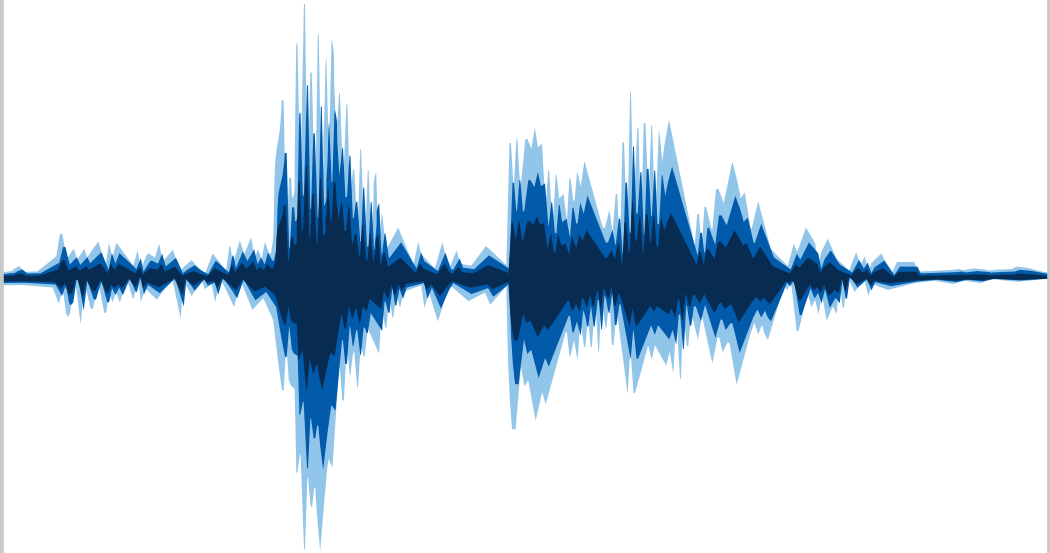
The Online Live Event is free of charge.

CONGRESS OFFICE AND REGISTRATION

The times in the program are given in UTC/GMT + 1

Please check your local time.
(Universal Coordinated Time + 1 = Middle European Winter Time).

Registration via www.falkfoundation.org or simply scan and register



Together we know more. Together we do more.
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